



Bakersfield Fire Department

Help protect your family against potential disasters and emergency situations by compiling an emergency supply kit. Perishable items should be changed or replaced every six months.

Essentials (including supplies and tools)

- Battery-operated radio or television (extra batteries)
- Flashlight (extra batteries)
- Do not include candles, which cause more fires after a disaster than anything else.
- Whistle
- Matches (waterproof)
- Rain gear
- Duct tape, scissors, rope, and plastic sheeting
- Extra clothing, needle and thread
- Blankets or sleeping bags
- Plastic plates, cups, utensils and bags
- Shut off wrench (gas and water), pliers, shovel, axe, hammer, and other tools
- Assorted nails and screws
- Two way radios (walkie-talkies)
- Dust masks
- Household bleach, hand sanitizer, soap, toilet paper, paper towels
- Extra cash (small denominations)
- Copies of important papers (bank accounts) and contact numbers

Water

- 3 day supply of 1 gallon per person per day minimum, in a food-grade, plastic container. Additional water for sanitation.

Food

Minimum three-day supply of non-perishable food that requires no refrigeration or preparation and little or no water.

- Canned foods are a good choice, ready to eat not concentrated soups; fruits, vegetables, and canned ready to eat meats are good examples.
- Boxed juices, canned and powdered milk
- Peanut Butter, crackers, granola bars, cereal and trail mix
- Instant coffee, tea, sugar, salt, pepper and other spices
- Manual can opener

First Aid Kit

Create one for your home and one for each car.

- First Aid Manual
- Antibiotic ointment
- Scissors, tweezers, thermometer, and needles
- Assorted sizes of safety pins
- 2" sterile gauze pads (4-6)
- 4" sterile gauze pads (4-6)
- 2" sterile roller bandages (3 rolls)
- 3" sterile roller bandages (3 rolls)
- Triangular bandages (3)
- Sterile adhesive bandages in assorted sizes
- Latex gloves
- Petroleum jelly or other lubricant
- Sunscreen
- Cleansing agent/soap/hydrogen peroxide
- Moistened towelettes

Specific Family Medical Needs

- Insulin
- Prescription drugs
- Denture needs
- Extra eye glasses
- Contact lenses and supplies
- Heart and high blood pressure medication
- Aspirin, anti-diarrhea medication, laxative, antacids, syrup of ipecac (to induce vomiting)

For Baby

- Formula, powdered milk and bottles
- Diapers
- Medication

For Pets

- Food
- Leash, harness or carrier
- Records of vaccinations in case your pet needs to go to a shelter
- Non-tippable food and water containers

Entertainment

- Games, toys, cards, and books